

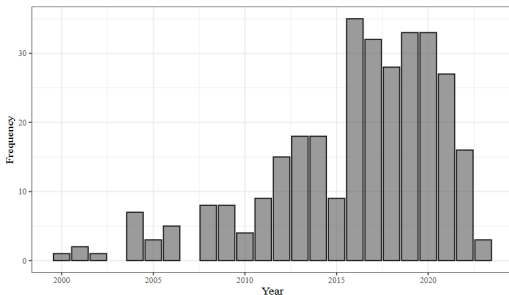
Cash Transfers

Paul Niehaus¹ Tavneet Suri²

¹University of California San Diego

⁴MIT

September 2025



- Cash transfers for social protection have reached very large scale, covering up to 1.4 billion people in LMICs ([Gentilini et al., 2022](#))
 - State capacity, e.g. national identification systems, digital payments infrastructure ([Sukhtankar, 2024](#))
 - Evidence: e.g. spread of conditional cash transfers following evidence of Progressa's impact in Mexico ([Leisering, 2018](#))
- Correspondingly large volume of evidence

Taking Stock: Today's Agenda

- ① How should we generalize from the (enormous) body of available evidence about cash transfers' impact?
 - Income, expenditure, mental health, etc.: Crosta et al. (2024)
 - Labor supply: Banerjee et al. (2017)
- ② What do we know (and not know) about incidence and how this shapes optimal policy?
 - Incidence of benefits *within* households
 - Incidence of indirect costs and benefits *across* households (i.e., spillovers)
- ③ What do we know (and not know) about the optimal design of transfers in imperfect financial markets?
- ④ *Where* do we know this?

Incidence

- Imagine allocating a budget between transfers and infrastructure
- Transfers are more attractive the more they benefit the poorest members of society
- This depends on
 - ① Which households get them (Alatas et al., 2024) — especially, how well they cushion shocks
 - ② How they are allocated *within* those households
 - ③ What consequences this has for other households

- We are fairly confident this matters
 - Brown et al. (2019): most underweight women and undernourished children in Sub-Saharan Africa are in households that are not among the poorest in per-capita consumption terms
 - Barcellos et al. (2014): some households invest more in male than in female children
- It is less clear what it implies for
 - Which households to target
 - Which members within those households to designate as recipients
- A significant challenge has been measuring the consumption of different household members separately

Designate Female Heads as Recipients?

- This is so common that (ironically) there is relatively little evidence on how much this matters
- Some of what we have is not easy to interpret
 - Not sufficiently powered to detect meaningful differences (e.g., Haushofer and Shapiro (2016) in Kenya)
 - With “labels” attached which may have influenced use (e.g. Benhassine et al. (2015) in Morocco)
- Some is simply variable, e.g. for nutrition
 - Somville et al. (2020): reject large gender differences in expenditure shares on food in India
 - Armand et al. (2020): transfers to women (v.s. men) significantly increased food shares in Macedonia
 - Akresh et al. (2016): transfers to men (v.s. women) had significantly larger effects on children’s nutrition in Burkina Faso
- Recipients themselves—especially women and people with disabilities—describe receipt as empowering (Wingfield et al., 2023)

Put the Money into (Digital) Accounts They Control?

- Seems likely to matter given it has in adjacent problems
 - Loan disbursement in Uganda (Riley, 2023)
 - Wage payment in India (Field et al., 2021)
- Transfers like this significantly increased the amount and *share* of nutrients going to mothers and children in India (Weaver et al., 2025)
- Could also decouple transfer receipt from household membership entirely, as in transfers studied by (Banerjee et al., 2023a)

Incidence in General Equilibrium

- Recipients use transfers to transact, which must affect the counterparties in some way
- Recipients typically change their behaviors in ways which must affect prices to some degree
 - E.g., increase labor supply ([Banerjee et al., 2017](#))
- Spillover effects on any *one* neighbor may be small, but in aggregate can be enormously important because there are many neighbors

① Fiscal externalities

- E.g., purchases lead to increased VAT revenue
- First-order welfare effects ([Finkelstein and Hendren, 2020](#)) and practically important for budgeting—e.g. TAX PAPER

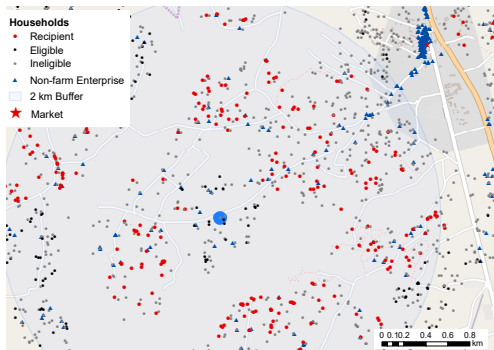
② Pecuniary externalities

- E.g., wages increase
- Affect distribution of benefits: helps workers, hurts employers

③ Non-pecuniary externalities

- E.g., more schooling → more innovation and job creation
- Affect level and distribution of benefits

The Bad News: Measuring External Effects is Hard



- RCTs presume a control group unaffected by treatment (“SUTVA”)
- Here the whole point is to measure effects on the control group!
- What we know so far comes from a handful of large-scale (natural) experiments (Muralidharan and Niehaus, 2017)
 - Treatment allocated in large clusters (e.g., by village or by district)
 - Econometrics of these are still being studied (Faridani and Niehaus, 2024)

- In Brazil, expansions of Bolsa Familia increased municipal tax revenue by 2.7% [Gerard et al. \(2021\)](#)
- In rural Kenya, inflows amounting to 15% of GDP had little detectable effect on local government finances ([Walker, 2018](#))
- Not aware of results on crowd in/out of participation in other social programs

- In rural Kenya, inflows amounting to 15% of GDP raised consumer goods prices increased by 0.1–0.2% (Egger et al., 2022)
- In Mexico, Progressa transfers increased quantity discounts, did not significantly change prices on average (Attanasio and Pastorino, 2020)
- In Mexico, unconditional transfers had no significant effects on average, but raised food prices by 1.5% in more remote villages where they amounted to 10% of aggregate income (Cunha et al., 2019)

Non-Pecuniary Externalities

- In Mexico, ineligible households' food consumption increased by 50% as much as that of eligibles ([Angelucci and De Giorgi, 2009](#))
- In Kenya, output increased by \$2.5 for every \$1 of transfers [Egger et al. \(2022\)](#)
- In Brazil, Bolsa Familia expansion increased municipal output by 1.7% [Gerard et al. \(2021\)](#)
- *Many* other potential channels that remain hard to price, e.g. education

Incidence: Our Bottom-Line Views

- ① Transfers to otherwise disadvantaged household members appear (to us) justifiable on a priori grounds, even though evidence of differential impacts is limited
 - Next step: test how much the modality of such transfers matters
- ② Transfers can stimulate the local economy, benefiting other nearby households and recouping part of their cost, but we have very few data points here
 - Next step: evaluate more large-scale rollouts, especially in combination with admin data on revenue and other expenses

Financial Constraints

- A \$1 transfer could have disproportionate value in a second-best world of imperfect financial markets if it enables the recipient to achieve a resource allocation closer to the first-best
 - Eg: when a bread-winner gets sick, cannot work, and needs treatment, could be hard to ensure that everyone gets enough to eat
- Could well-designed transfer programs help prevent such tragedies?
- How well-correlated are transfers with shocks?

Financial Constraints: Aggregate Shocks

“Shock-responsive social protection”: govts often introduce new transfers and/or expand eligibility in response to aggregate shocks

Open questions:

- Still do not know the bottom-line performance of these efforts eg the high-frequency covariance between transfers and household income
- Study the performance of the reinsurance market for the relevant aggregate risks
- Develop and test transfers whose size is linked to the prices of essential commodities (recipients may face non-trivial risk in terms of consumption, see (Gadenne et al., 2021))

Financial Constraints: Idiosyncratic Shocks

Perhaps better addressed using explicit insurance (eg for health) rather than transfers, but such insurance is rare for the poor

- Usual targeting uses a proxy means test - very slow moving - cannot achieve this; incomes too volatile ((Baulch and Hoddinott, 2000; Krishna, 2010))
- Can we target households' vulnerability to future shocks, as opposed to their current situation per se, eg (Carter and Janzen, 2018)?
- Households could be given the option to receive insurance in lieu of (part of) their non-contingent cash transfers (use transfers to address barriers to insurance takeup (Casaburi and Willis, 2018))

Financial Constraints: Target Vulnerability

- Even if transfers are not indexed to shocks, they may reduce the likelihood that households forego necessities when shocks hit
- How much do transfers target shock-prone households?
- How much do transfers affect consumption's variance over time or covariance with shocks?
- About how transfers affect consumption's *second* moments, not whether they affect consumption on average (a popular question)
 - Eg [Asfaw et al. \(2017\)](#) show that transfers significantly reduce the effect of weather shocks on food expenditure and calories

Financial Constraints: Endogenous Risk-Taking

- Transfers may affect the profile of risks that households face by inducing them to change how they earn, where they live, etc
 - Households may choose to taken on *more* risk after receiving a transfer in pursuit of higher returns, eg [Banerjee et al. \(2020\)](#)
- Transfers can affect which investments get made in the first place
 - Makes redistribution more attractive overall
 - People who have less perhaps more likely to have untapped high-yield investment opportunities, as well higher marginal value to consumption
 - Many study investment impacts eg [Gertler et al. \(2012\)](#)

Financial Constraints: Endogenous Risk-Taking

But:

- Distinction between “investment” and “saving” blurry in practice and the literature has not yet grappled with how to separate them
- Even if households do have under-exploited high-return investment opportunities, this may be captured by consumption today
- Treatment effects on investment, earnings, (future) consumption may vary independently from initial deprivation, see [Haushofer et al. \(2022\)](#)

Financial Constraints: Lumpiness

Some related evidence:

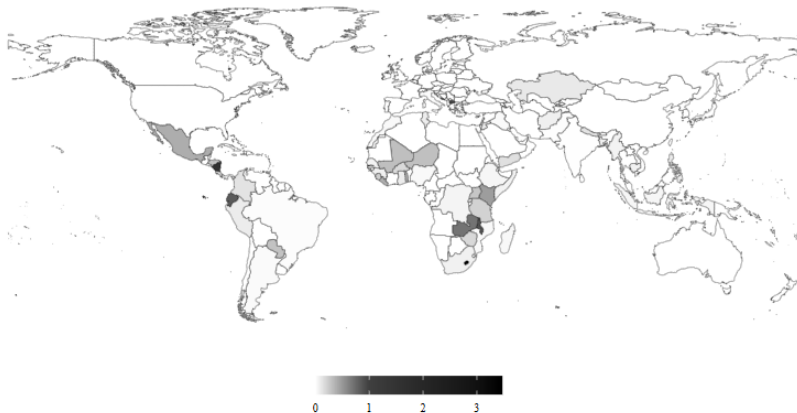
- Find that lumpy payments induce lumpy investments, larger overall/aggregate impacts (Haushofer and Shapiro, 2016; Aguila et al., 2017; Banerjee et al., 2023b)
- When given a choice recipients overwhelmingly chose lumpy payment schedules (Kansikas et al., 2023)
 - Consistent with the popularity of institutions like ROSCAs
- How big should lumps be? Small transfers to many vs large to few
 - Depends on distribution of lumpy investment opportunities
 - Experimentally varying transfer size often low powered
 - Measurement issues: different lumpy investments yield different time paths of benefits, eg motorcycles vs coffee

Financial Constraints: Timing

- Social protection programs default to a regular payment schedule
- Doesn't matter if financial markets (& self-control, foresight) perfect
- But, cash flow management a major challenge for poor households
 - Transfers more useful if arrive when school fees are due, when fertilizer need to be bought, or during “lean season”
- When asked, recipients prefer irregular timing ([Kansikas et al., 2023](#))
- Open question: measure systematically the demand for and impacts of contextually appropriate timing or try pairing transfers with budgeting exercises as in [Augenblick et al. \(2023\)](#).

Where

- For all the various mechanisms and effects we have discussed, there is no reason to expect these to be the same everywhere
- Could build economic models to predict how they vary so it matters where future empirical research is done
- Ideally, we would allocate more research effort to places where research is inexpensive; where we have weak priors; and where many people will benefit from better estimates
- Hard to say where this is perfectly given the data, but we can look at the current distribution of research
 - 3ie Development Evidence Portal: 315 studies in total (more new studies since 2000)



Kenya has 10 times as large a share of studies as it has of population. Mexico 8.5 times. India has 21% of LMIC population but 1.6% of studies

- Future work will have more value if it is done in more diverse places
- Sizeable opportunities still on the table
 - India: replace in-kind food transfers with cash? Little evidence on this
 - Little evidence on China's Dibao scheme, reaching 53m people as of 2017
- What of the incentives to do this kind of research?
 - Professional returns lower for “replications” than for clever new insights?
 - But, there are both contexts and concepts that are understudied, and hence much room to be innovative
 - We should not expect results to “replicate”. Therefore not a box-ticking replication exercise but the essence of the scientific method
- Bottom line: a LOT to be done: many open questions, many places!

- If you have the ability to run experiments in this space, especially around recipient choice and/or in under-studied countries, please reach out
- To dig deeper into what we know about these issues: these slides (with full references) are at <https://www.theigc.org/events/bread-igc-virtual-phd-course/social-protection>
- To discuss answering some of the open questions: pniehaus@ucsd.edu, tavneet@mit.edu,

- Aguila, Emma, Arie Kapteyn, and Francisco Perez-Arce**, "Consumption Smoothing and Frequency of Benefit Payments of Cash Transfer Programs," *American Economic Review*, May 2017, 107 (5), 430–35.
- Akresh, Richard, Damien De Walque, and Harounan Kazianga**, "Evidence from a randomized evaluation of the household welfare impacts of conditional and unconditional cash transfers given to mothers or fathers," *World Bank Policy Research Working Paper*, 2016, (7730).
- Alatas, Vivi, Abhijit Banerjee, Rema Hanna, and Ben Olken**, "Targeting," in "The Handbook of Social Protection: Evidence to Inform Policy in Low- and Middle-Income Countries" 2024.
- Angelucci, Manuela and Giacomo De Giorgi**, "Indirect effects of an aid program: how do cash transfers affect ineligible's consumption?," *American economic review*, 2009, 99 (1), 486–508.
- Armand, Alex, Orazio Attanasio, Pedro Carneiro, and Valérie Lechene**, "The Effect of Gender-Targeted Conditional Cash Transfers on Household Expenditures: Evidence from a Randomized Experiment," *The Economic Journal*, 05 2020, 130 (631), 1875–1897.

- Asfaw, Solomon, Alessandro Carraro, Benjamin Davis, Sudhanshu Handa, and David Seidenfeld**, “Cash transfer programmes, weather shocks and household welfare: evidence from a randomised experiment in Zambia,” *Journal of Development Effectiveness*, 2017, 9 (4), 419–442.
- Attanasio, Orazio and Elena Pastorino**, “Nonlinear Pricing in Village Economies,” *Econometrica*, 2020, 88 (1), 207–263.
- Augenblick, Ned, Kelsey Jack, Supreet Kaur, Felix Masiye, and Nicholas Swanson**, “Retrieval Failures and Consumption Smoothing: A Field Experiment on Seasonal Poverty,” 2023.
- Banerjee, Abhijit, Michael Faye, Alan Krueger, Paul Niehaus, and Tavneet Suri**, “Effects of a Universal Basic Income during the pandemic,” Technical Report, UC San Diego 2020.
- , —, —, —, and —, “Universal Basic Income: Short-Term Results from a Long-Term Experiment in Kenya,” Technical Report, UC San Diego 2023.
- , —, —, —, and —, “Universal Basic Income: Short-Term Results from a Long-Term Experiment in Kenya,” 2023.

- Banerjee, Abhijit V, Rema Hanna, Gabriel E Kreindler, and Benjamin A Olken**, “Debunking the stereotype of the lazy welfare recipient: Evidence from cash transfer programs,” *The World Bank Research Observer*, 2017, 32 (2), 155–184.
- Barcellos, Silvia Helena, Leandro S Carvalho, and Adriana Lleras-Muney**, “Child gender and parental investments in India: Are boys and girls treated differently?,” *American Economic Journal: Applied Economics*, 2014, 6 (1), 157–189.
- Baulch, Bob and John Hoddinott**, “Economic mobility and poverty dynamics in developing countries,” *Journal of Development Studies*, 2000, 36 (6), 1–24.
- Benhassine, Najy, Florencia Devoto, Esther Duflo, Pascaline Dupas, and Victor Pouliquen**, “Turning a shove into a nudge? A “labeled cash transfer” for education,” *American Economic Journal: Economic Policy*, 2015, 7 (3), 86–125.
- Brown, Caitlin, Martin Ravallion, and Dominique van de Walle**, “Most of Africa’s nutritionally deprived women and children are not found in poor households,” *Review of Economics and Statistics*, 2019, 101 (4), 631–644.

- Carter, Michael R. and Sarah A. Janzen**, “Social protection in the face of climate change: targeting principles and financing mechanisms,” *Environment and Development Economics*, 2018, 23 (3), 369–389.
- Casaburi, Lorenzo and Jack Willis**, “Time versus State in Insurance: Experimental Evidence from Contract Farming in Kenya,” *American Economic Review*, December 2018, 108 (12), 3778–3813.
- Crosta, Tommaso, Dean Karlan, Finley Ong, Julius Rüschepöhler, and Christopher R. Udry**, “Unconditional Cash Transfers: A Bayesian Meta-Analysis of Randomized Evaluations in Low and Middle Income Countries,” August 2024.
- Cunha, Jesse M, Giacomo De Giorgi, and Seema Jayachandran**, “The price effects of cash versus in-kind transfers,” *The Review of Economic Studies*, 2019, 86 (1), 240–281.
- Egger, Dennis, Johannes Haushofer, Edward Miguel, Paul Niehaus, and Michael Walker**, “General equilibrium effects of cash transfers: experimental evidence from Kenya,” *Econometrica*, 2022, 90 (6), 2603–2643.
- Faridani, Stefan and Paul Niehaus**, “Linear estimation of global average treatment effects,” Technical Report, UC San Diego 2024.

- Field, Erica, Rohini Pande, Natalia Rigol, Simone Schaner, and Charity Troyer Moore**, “On her own account: How strengthening women’s financial control impacts labor supply and gender norms,” *American Economic Review*, 2021, 111 (7), 2342–2375.
- Finkelstein, Amy and Nathaniel Hendren**, “Welfare analysis meets causal inference,” *Journal of Economic Perspectives*, 2020, 34 (4), 146–167.
- Gadenne, Lucie, Samuel Norris, Monica Singhal, and Sandip Sukhtankar**, “In-Kind Transfers as Insurance,” NBER Working Papers 28507, National Bureau of Economic Research, Inc 2021.
- Gentilini, Ugo, Mohamed Almenfi, Ian Orton, and Pamela Dale**, “Social Protection and Jobs Responses to COVID-19: A Real-Time Review of Country Measures,” February 2022.
- Gerard, François, Joana Naritomi, and Joana Silva**, “Cash transfers and formal labor markets: Evidence from Brazil,” 2021.
- Gertler, Paul J, Sebastian W Martinez, and Marta Rubio-Codina**, “Investing cash transfers to raise long-term living standards,” *American Economic Journal: Applied Economics*, 2012, 4 (1), 164–192.

- Haushofer, Johannes and Jeremy Shapiro**, “The Short-term Impact of Unconditional Cash Transfers to the Poor: Experimental Evidence from Kenya*,” *The Quarterly Journal of Economics*, 07 2016, 131 (4), 1973–2042.
- , **Paul Niehaus, Carlos Paramo, Edward Miguel, and Michael Walker**, “Targeting impact versus deprivation,” Technical Report, UC San Diego 2022.
- Kansikas, Carolina, Anandi Mani, and Paul Niehaus**, “Customized cash transfers: financial lives and cash-flow preferences in rural Kenya,” Technical Report, UC San Diego January 2023.
- Krishna, Anirudh**, *One illness away: Why people become poor and how they escape poverty*, OUP Oxford, 2010.
- Leisering, Lutz**, *The global rise of social cash transfers: How states and international organizations constructed a new instrument for combating poverty*, Oxford University Press, 2018.
- Muralidharan, Karthik and Paul Niehaus**, “Experimentation at scale,” *Journal of Economic Perspectives*, 2017, 31 (4), 103–124.
- Riley, Emma**, “Resisting social pressure in the household using mobile money: Experimental evidence on microenterprise investment in Uganda,” 2023.

- Somville, Vincent, Ingvild Almås, and Lore Vandewalle**, “The Effect of Gender-Targeted Transfers: Experimental Evidence From India,” 2020.
- Sukhtankar, Sandip**, “Digital Technology in the Delivery of Social Protection,” in “The Handbook of Social Protection: Evidence to Inform Policy in Low- and Middle-Income Countries” 2024.
- Walker, Michael**, “Informal Taxation Responses to Cash Transfers: Experimental Evidence from Kenya,” July 2018.
- Weaver, Jeffrey, Sandip Sukhtankar, Paul Niehaus, and Karthik Muralidharan**, “Maternal Cash Transfers for Gender Equity and Child Development: Experimental Evidence from India,” Technical Report 32093, National Bureau of Economic Research August 2025.
- Wingfield, Tom, Beatrice Kirubi, Kerri Viney, Delia Boccia, Salla Atkins et al.**, “Experiences of conditional and unconditional cash transfers intended for improving health outcomes and health service use: a qualitative evidence synthesis,” *Cochrane Database of Systematic Reviews*, 2023, (3).