The Media or the Message? Experimental evidence on mass media and modern contraception uptake in Burkina Faso

BREAD conference on the economics of Africa

July 7th 2021 Victor Pouliquen (University of Oxford) with Rachel Glennerster (Foreign and Commonwealth Development Office) Joanna Murray (Development Media International)

Motivation

- The geography of poverty is changing
 - By 2030, 85% of people living in extreme poverty will be living in Sub-Saharan Africa (World Bank, 2020)
 - Sub-Saharan Africa has the highest fertility rates in the world
- 25% of women aged 15-49 in SSA report unmet needs for contraception (Family Planning, 2020)
 - Need for cost-effective scalable ways to help them achieve the lower level of fertility they desire
- Can mass media increase contraception uptake in Africa?
 - 1. Should we expect the rise in access to mass media to increase contraception uptake?
 - Mass media has been associated with lower fertility and more liberal views (Jensen & Oster, 2009)
 - But it has also been used for ill (Yanagizawa-Drott, 2014)
 - 2. Can mass media be used to promote contraception?
 - Providing information can change behavior (Dupas 2011, Jensen 2010, Banerjee et al. 2019, Bursztyn et al. 2020)
 - Lack of evidence on the effect of mass media campaigns implemented in "real-world" conditions

This paper

Questions :

- What is the impact of increasing exposure to mass media on contraception uptake?
- What is the impact of an intensive family planning radio campaign implemented in « real-world » conditions?

Context : Community radios in rural Burkina Faso

Method : Two-level randomized experiment

- Individual level RCT: we varied exposure to mass media: 1500 women with no radio were given a radio
- Clustered level RCT: we varied mass media content
 - 8 (out of 16) local radio stations broadcasted an intensive 2.5 years family planning campaign

Main results :

- Giving radios in non-campaign areas had a negative effect on contraception use and on gender norms
- Large impact of the family planning campaign on modern contraception uptake (+20% or +6pp)

Contribution to the literature

- Exposure to media can change behavior, norms and preferences
 - Braga (2007), Farre & Fasani (2013), Cheung (2012), Keefer and Khemani (2011), Jensen & Oster (2009), La Ferrara et al. (2012), Chong & La Ferrara (2009)
- Information and mass media campaigns can change important behaviors
 - Dupas (2011), Jensen (2010), Bursztyn, et al. (2020), Dizon-Ross (2019), Fitzsimons et al. (2016), Beshears et al. (2015), Bhargava & Manoli (2015), Duflo & Saez (2003), Gerber et al. (2011), DellaVigna et al. (2014), Adena et al. (2015), Allcott & Gentzkow (2016)
 - Wakefield et al. (2010), Naugle & Hornik (2014), Kearney & Levine (2015), Bernard et al. (2015), Banerjee et al. (2015), Berg & Zia (2013), Banerjee et al. (2019), Dutta et al. (2015) Kasteng et al. (2018), Murray et al (2015)
- Effective solutions to reduce unmet needs for contraception
 - Silva & Tenreyro (2017), Miller et al. (2020), Ashraf et al. (2014), Zakiyah et al. (2016)

Key contributions:

- First paper to simultaneously randomize access to mass media and mass media content
- Study the effect of mass media in "real-world" conditions in Africa

Outline

1. Context

2. Design and data

3. Results

4. Cost-effectiveness



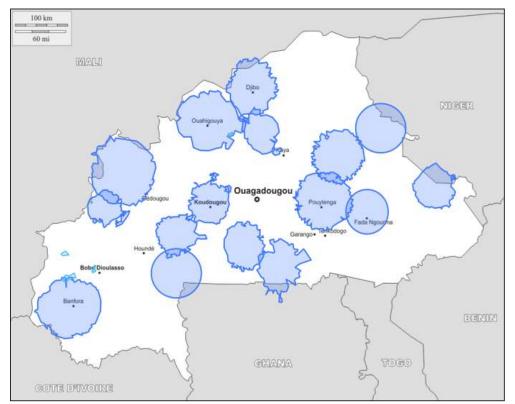
Context: Burkina Faso

- Annual GDP per capita (ppp): \$1,862
- Human development Index 2017: 183/189
- 19.2 million inhabitants in 2017
- Fertility rate: 6 births per woman (DHS 2010)
- 68% of households own a radio (DHS 2010)



Context: community radio stations in Burkina Faso

- Covering 6.5 million people (33% of the nat. pop.)
- Few people listen to national radio stations (in French)
- Broadcast in local languages
- Content:
 - Information shows
 - Sensitization programs on health and education
 - Debate and call-in shows
 - Religious programs



Broadcasting areas of 16 community radio stations

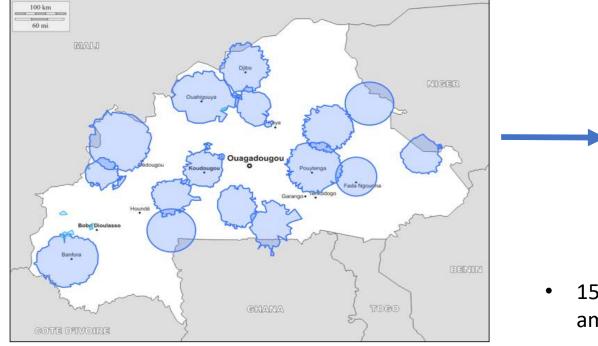
The radio campaign (implemented by Development Media International)

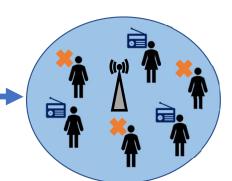
- The "Saturation +" approach
 - 10 radio spots per day (1.5min)
 - 3 Phone-in shows per week (2h)
 - In local languages
 - Informed by extensive formative research
 - 2.5 years of programming
- Designed to tackle potential barriers
 - Information on modern methods
 - Health and economic benefits of birth spacing
 - Gender norms, responsability of men



• Represents 4% of total radio content and 20% of peak listening time

Design: Woman-level randomization



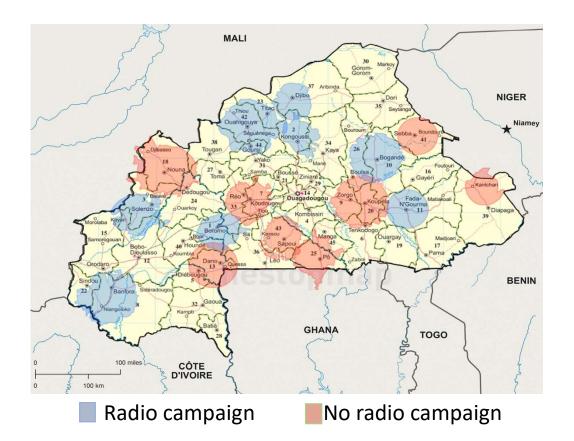


Randomly selected to receive a solar radio

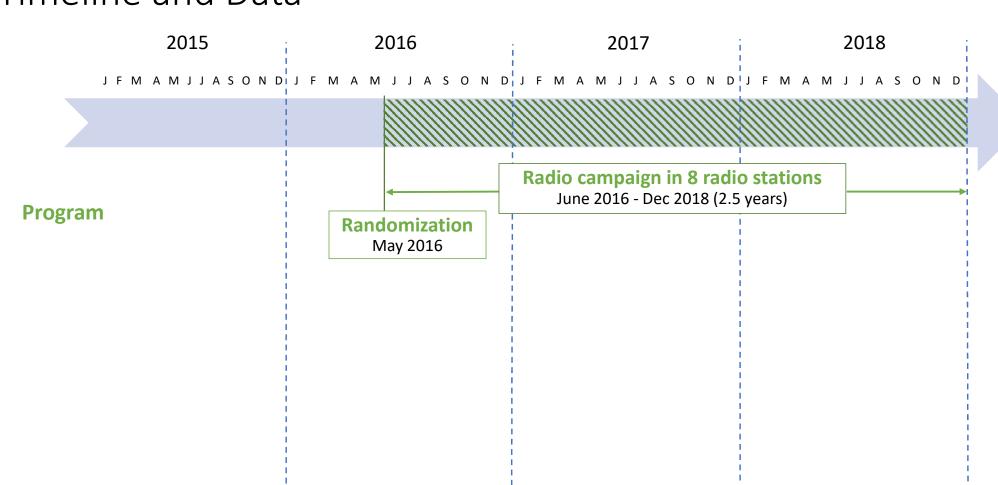
样 No radio received

 1500 women randomly selected to receive a radio among the 3000 without radio at baseline

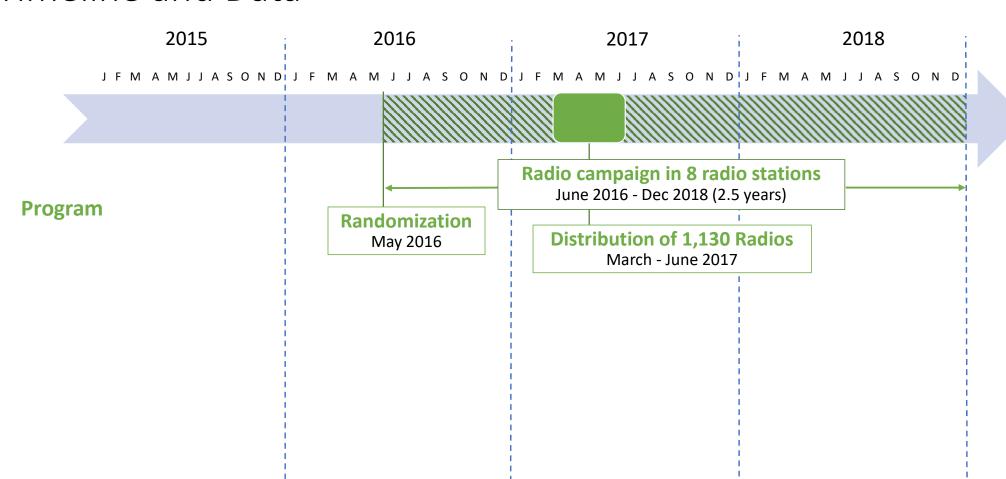
Design: Radio station level randomization



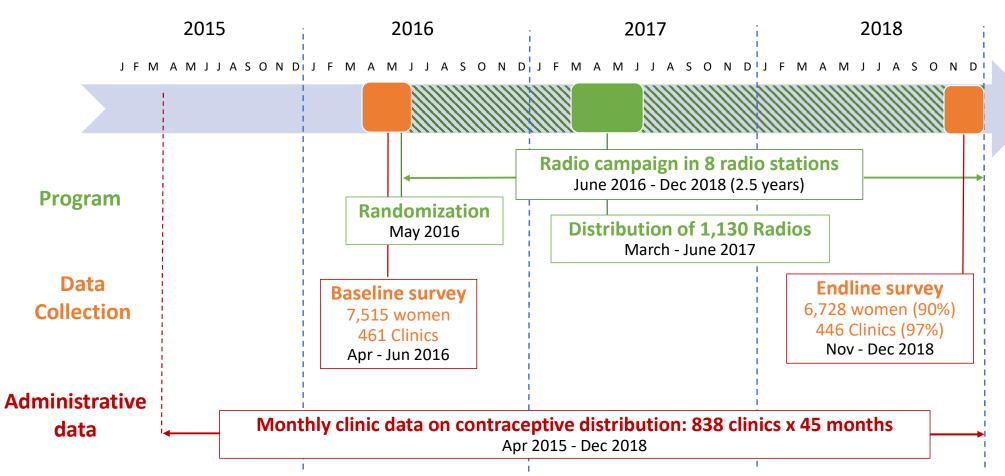
- 16 radio stations, 8 randomly assigned to treatment group
 - Paired-randomization
- Study stations reach 6.5 million people (33% of the nat. pop.)



Timeline and Data

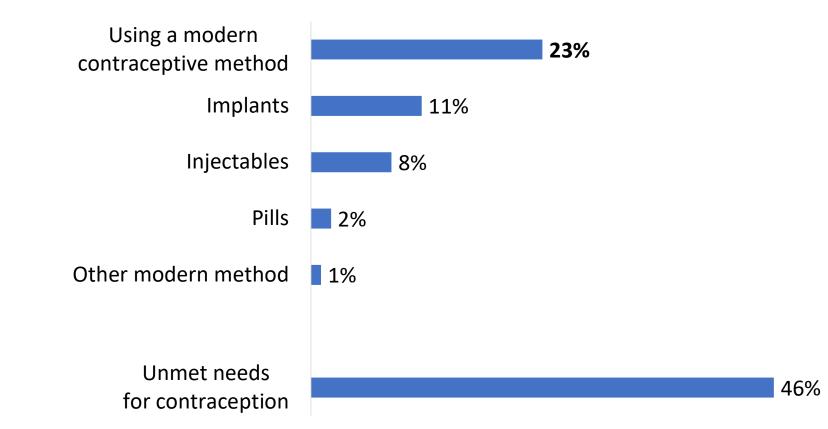


Timeline and Data



Timeline and Data

Baseline use of modern contraception



Empirical strategy

• Impact of radio distribution using survey data:

$$Y_{i,t=1} = a + b_1 Radio_i + X'_i + \epsilon_{it}$$

 X'_i : vector of strata fixed effects

- ϵ_{it} : error term <u>clustered at the household-level</u>
- Impact of the radio campaign using survey data:

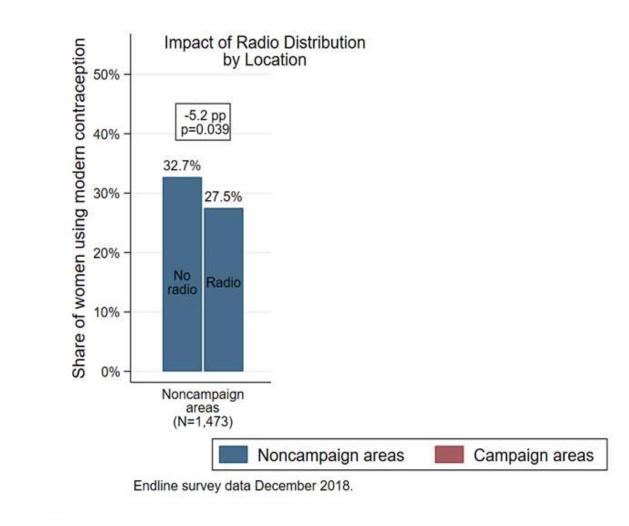
$$Y_{i,t=1} = \alpha + \beta_1 Treat_i + X'_i + \epsilon_{it}$$

 ϵ_{it} : error term <u>clustered at the radio station level</u> P-values calculated using <u>wild bootstrap procedure</u> (Cameron et al., 2008)

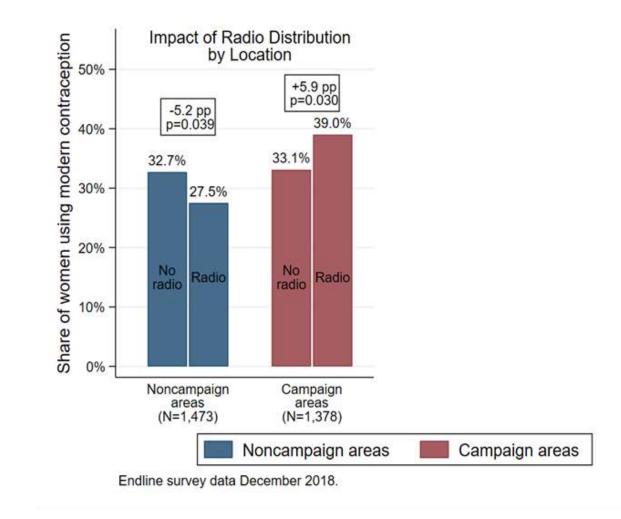
First Stage: Radio Listenership

- Radio listenership (all women)
 - 55% of women have a radio
 - They spend 2h listening to radio per week on average
 - Similar in campaign and non-campaign areas
- Radio distribution (women with no radio at baseline)
 - Radio ownership 个 from 32% to 66%
 - Weekly time spend listening to the radio \uparrow from 1.3 to 3 hours
 - Similar in campaign and non-campaign areas

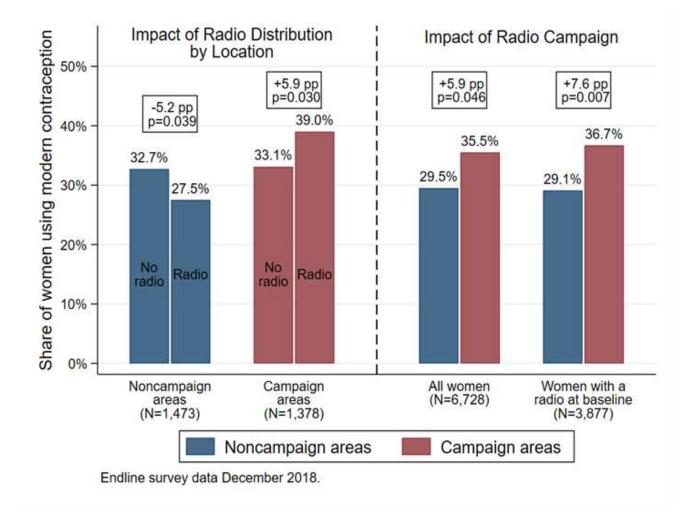
Impact on modern contraception prevalence rate (mCPR)



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Mechanisms

- Why does exposure to local radio stations have a negative impact in non-campaign areas?
 - Negative impact on gender norms
 - Qualitative evidence that many phone-in shows promote conservative views
- Why did the information campaign work?
 - Large impact on contraceptive knowledge (\downarrow misinformation on side effects)
 - Better attitudes toward contraception
 - No impact on fertility preferences
- Heterogeneity of information campaign impact
 - Larger impact among women using contraception at baseline (many are using it inconsistently)
 - Larger impact among women with more knowledge and positive views on family planning
- Impact of the campaign on other key outcomes (on which we are underpowered)
 - 10% reduction in fertility
 - 30% increase on a standardized index of self-assessed well-being

Cost effectiveness

Pilot program (8 radio stations)

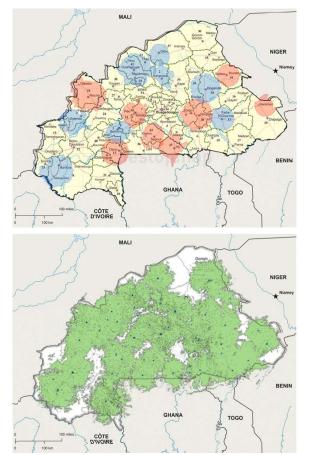
- Population reached: 630k women (15-49)
- Extra women using contraception: 37k
- Annual cost per extra women : \$47

Nationwide scale-up (38 radio stations)

- Pop reached: 3.8 million women (15-49)
- Extra women using contraception: 225k
- Annual cost per extra women : \$8
- Key assumption: same impact than in pilot areas

Alternative approaches:

- Integrating FP and HIV services in Kenya (Shade et al. 2013) : \$65 per new user
- Integrating FP and immunization services in Rwanda (Dulli et al. 2016): \$32 per new user
- Comprehensive com. campaign (incl. in-person interactions) in Zambia and Guinea: \$30 per new user



Conclusion

- Increasing exposure to community radio stations had negative effects on contraception use and gender norms in this context
- Large impact of an intensive radio campaign on modern contraception uptake (+20% or + 6pp)
 - Information is still a barrier (especially on side effects)
 - Positive impact on self-declared well-being and reduction in fertility
 - Larger impact on women closer to the adoption margin or who are using contraception inconsistently
 - Media campaigns promoting modern contraception can be cost-effective
 - \$8 annually per additional woman using contraception (nationwide scale-up)

Annexes

Contraception Knowledge : impact on misinformation

